

Protein Peanut Butter Balls

Dry Ingredients

3/4 to 1 cup cooking oats
1 teaspoon of BPfit peanut butter powder
1/3 cup almonds
1/4 cup ground flaxseed
1/2 teaspoon cinnamon
Pinch of nutmeg
Pinch of all spice

Add dry ingredients to a food processor, pulverize into a powder like consistency. Transfer to a mixing bowl.

Wet ingredients

1/3 cup peanut butter
1/4 cup honey
1/3 cup dried cranberries
1 teaspoon vanilla extract

Directions

1. Add wet ingredients to a mixing bowl and combine well.
2. Add wet ingredients to dry ingredients, mix until no dry ingredients are visible.
3. Form mixture into 18 balls about 1 inch wide. * see notes at the bottom.
4. Cover a small plate or tray with parchment paper.
5. Place balls on a covered plate or tray. Refrigerate for 30 minutes.

***Suggestion:** Use food grade prep gloves on hands to roll the mixture into balls. After the gloves are on your hands wet the gloves to keep mixture from sticking to the gloves.